

## NCCA Travel Policy

NCCA advises that any drivers who are undertaking journeys of long periods of time should take a minimum of a 15-minute break in their drive time every two hours.

It is recommended that no one drives more than 250 miles in one day. For any days where a journey more than 250 miles is required, an overnight stay is strongly recommended.

It is recommended that the maximum working and driving time in a 24-hour period should not exceed 12 hours.

Accommodation should be provided for County players and officials (maximum party of 16 – 7 twin rooms and 2 single rooms) for all matches where both the distance and time exceed the figures stated in the table below on the following basis:

- The night prior to the scheduled start of the match
- All the nights of the match – including the last day of the match if appropriate

There should be no expectation that any County player/official will be required to drive home at the end of the match if the figures in the table below are exceeded and hotel accommodation will be available to them unless it has been cancelled by an official of the club.

Match Type	Start Time	Scheduled Finish	Drive Before	Drive After
NCCA T20	11.00 a.m.	6.00 p.m.	80 miles/100 mins	150 miles/150 mins
	12.00 p.m.	7.00 p.m.	100 miles/120 mins	150 miles/150 mins
NCCA Trophy	11.00 a.m.	7.00 p.m.	80 miles/100 mins	150 miles/150 mins
	12.00 p.m.	8.00 p.m.	100 miles/120 mins	150 miles/150 mins
NCCA Championship	10.30 a.m.	6.30 p.m.	60 miles/75 mins	150 miles/150 mins
	11.00 a.m.	7.00 p.m.	80 miles/100 mins	150 miles/150 mins

The distances above should be measured from designated County start points, a list of which is available from the NCCA Finance Director.

Although distance is a factor, travel time, particularly on a Sunday morning is more relevant. Travel time up to 100 minutes should be acceptable for a 11.00 am start on a Sunday morning.

Mobile Phones - since 1 December 2003 it has been illegal to use a hand-held phone or similar device whilst driving where the phone is not in a fixed purpose-built holder. Hands-free equipment where the phone is in a fixed purpose-built holder is not prohibited by law but drivers risk prosecution for failing to have proper control over a vehicle and use of such equipment may justify charges for reckless or dangerous driving. Drivers who cause an accident may well face civil claims and/or criminal charges. A prosecution for careless or dangerous driving may be justified if a phone was in use at the time of an accident. The penalties for such offences include heavy fines, endorsement, disqualification and in some cases imprisonment. NCCA policy is that you should not make or answer calls while driving. All County players/officials should let their phones take messages while driving and listen to these messages and/or return these calls once parked up safely at their destination or in a service station car park during a petrol/food/rest break during a journey. Do not park up at the side of the road or motorway as this is dangerous (and illegal, in the case of a hard shoulder). In addition: never use a mobile phone on a petrol station forecourt or near a vehicle carrying flammable loads and use emergency telephones on motorways in preference to mobile phones as these connect directly to the police and allow easy location by the emergency services.